



Join us to Celebrate

NATIONAL NUTRITION MONTH!

Thursday, March 14, 2024

11:00 a.m. – 1:00 p.m.

Café at

St. Joseph's Wayne Medical Center

Wayne, NJ

- Nutritional Tips from our very own Registered Dietitians
- Blood pressure/Cardiovascular screenings
- Colorectal Cancer awareness & tips
- Healthy food samples
- Giveaways and more

