

NATIONAL NUTRITION MONTH

Join us
**Nutrition and Healthy
Cooking**



♥ Blood pressure/Cardiovascular screenings ♥
Counseling and referrals ♥ Healthy cooking
samples ♥ Giveaways ♥

LOCATION	DATE	TIME
St. Joseph's Wayne Medical Center Café 224 Hamburg Turnpike Wayne, NJ 07470	Thursday, March 14, 2024	11:00-1:00 PM
Wayne YMCA 1 Pike Drive Wayne, NJ 07470	Wednesday, March 20, 2024	12:00-2:00 PM
ShopRite of Wayne Hills 30 Wayne Hills Mall, Wayne, NJ 07470	Wednesday, March 27, 2024	11:00-2:00 PM



Approved for distribution by Mike Cairoli, VP, Wayne Site Administrator