

The Hamilton Partnership for Paterson & The Great Falls National Historical Park invite you to

# GREAT FALLS INTO WELLNESS

**WHEN:**

**Saturday, May 18<sup>th</sup>, 2024  
10am – 3pm**

**FREE!**  
for all  
ages

**WHERE:**

## Paterson Great Falls

**Overlook and Mary Ellen Kramer Parks**

72 McBride Avenue Extension, Paterson, NJ 07501

- Health Screenings
- Light Yoga
- Nature Activities
- Healthy Cooking
- Vaccination Clinic
- Arts and Crafts
- Relaxation
- Community Resource
- Facepainting
- Mindful Exercises
- Poetry
- Martial Arts & More!



**HEALTH**  
  
**SCREENING**



Join us for Beginner Yoga sessions at 11am & 1pm. A limited number of mats will be available on loan. It is recommended you bring your own.



### Partners



For questions, please contact Arley Del Pino, Partnership and Program Manager at Hamilton Partnership for Paterson at [adelpino@hamiltonpartnership.org](mailto:adelpino@hamiltonpartnership.org)

**PLEASE NOTE:** This is an outdoor event, weather permitting. There is no rain date.