

The Department of Obstetrics and Gynecology has offered an accredited residency since 1967. The Department shares the Hospital's mission of providing high quality medical care and emotional support to all patients regardless of financial status. A wide range of patients receive care here: women with normal pregnancies, women with high risk pregnancies who are transferred here for specialized care, women requiring routine gynecologic care and women requiring specialized treatment for gynecologic cancer or infertility. The residency program in Obstetrics and Gynecology is fully accredited for the training of ten residents. In addition, our department provides clinical training for family practice residents and medical students from two universities. The program is sponsored by New York Medical College.

### **Obstetrics**

There are more than 3,000 deliveries per year at St. Joseph's Regional Medical Center. A significant proportion of these patients are high risk secondary to on-going medical or obstetric problems. St. Joseph's was the first hospital in Northern New Jersey to be designated a Level III perinatal center. Four faculty perinatologists staff the perinatal service. A geneticist and genetic counselors are available to our patients, as well as an anesthesiologist specially trained in obstetric anesthesia.

### **Gynecology**

The department has a busy gynecologic service with a full operating schedule in the main and same-day surgery operating rooms. The continuity clinic allows the residents to manage patients throughout the course of their pregnancy or, for gynecology patients, throughout their course of evaluation and therapy. Our residents have found this to be especially rewarding.

All attendings in this department participate in teaching residents. There are 10 full-time and 5 part-time faculty members who are present for resident teaching and patient care supervision. There is attending supervision during all clinic sessions, at all deliveries and at all surgical

procedures.

We have an unaccredited Obstetric & Gynecology Fellowship in Urogynecology Pelvic Surgery.

### Rotations

**First Year:** Inpatient Obstetrics, Inpatient Gynecology, Ultrasound, Primary Care Medicine, Geriatric, and Emergency Room.

**Second Year:** Inpatient Obstetrics, Inpatient Gynecology.

**Third Year:** Inpatient Obstetrics, Gynecology, and Outside Gynecology Elective Rotation.

**Fourth Year:** Chief of Obstetrics, Chief of Gynecology.

### Research

Dr. Sam Hessami, Program Director of Obstetrics & Gynecology residency program, published in the Journal of Pelvic Medicine & Surgery studies on the "Use of Biological Materials as an Interposition Graft in the Treatment of Vesicovaginal Fistula."

### **Job Opportunities, Job Placement, Life After Residency**

Our residents pursue a variety of paths after completion of their residency training. Some pursue additional training via fellowships and have been successful in obtaining these positions. Others develop private practices. Often our residents will remain at St. Joseph's: joining one of our attendings in practice, working in our clinics or becoming faculty members themselves. In recent years, we have achieved a very high pass rate for the American Board of Obstetrics and Gynecology written examination, usually taken at the end of the fourth year of residency.

For more information, please visit [New York Medical College](#) .