The Acute Rehabilitation Unit (ARU) at St. Joseph's Wayne Hospital is a 20-bed unit prepared to meet the medical rehabilitation needs of our patients. There are 8 semi-private and 4 private rooms.

The ARU provides a comprehensive rehabilitation service to patients for alleviating or amelioration of disabling effects of illness. The ARU services are characterized by a coordinated interdisciplinary approach to care with the intent of maximizing functional independence of our patients. Our goal is to enable individuals to return to an active and functional lifestyle and to ease the individual's transition from an acute hospital to outpatient therapy.

The ARU provides services that promote the restoration of functional abilities of individuals with

physical, cognitive, and/or sensory perceptual impairment. Patients with various disabilities being treated include, but are not limited to: brain injury, CVA, spinal cord, neurological conditions, multi-fractures, lower extremity joint replacement, amputation, osteoarthritis and rheumatologic disorders, cardiac, pulmonary, pain syndrome, and burns.

A multi-disciplinary team develops a plan of care that is specifically tailored to the individual needs of the patient. The ARU is directed by a physiatrist, a Board-certified physician in Rehabilitation Medicine. The team is comprised of physicians, nurses, physical, occupational and speech therapists, therapeutic recreational specialists, case management/social workers, dietitians, pharmacists, psychologists, and respiratory therapist who work together to treat the physical, psychosocial, cognitive, and spiritual needs of the patient.

The ARU provides medical and nursing services 24 hours a day, 7 days a week. There are three hours of therapies scheduled a minimum of five days a week. Services may be provided at the bedside, therapy gym located in the ARU or in the outpatient gym depending on the functional level and needs of the patient. Therapeutic recreation activities will be available on the ARU to provide activities for the patient during the day, evenings, and weekends.

For additional information click here for a brochure or feel free to contact us:

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