

Routine x-ray exams use ionizing radiation to create images of various parts of the human body. The amount of radiation used in x-ray exams depends on the type of exam being performed. However, the technologists and doctors working with x-rays have been trained to use as little radiation as possible when performing your exam. The benefits of gaining information from your exam are greater than the small risks of any harm.

Routine X-rays are performed in the following locations; please contact us for more information or to schedule an appointment:

**St. Joseph's Regional Medical Center, Paterson: 973.754.4343**

**St. Joseph's Wayne Hospital, Wayne: 973.956.3312**

**St. Joseph's Ambulatory Imaging Center, Clifton: 973.569.6300**

**St. Joseph's Ambulatory Imaging Center at Carlstadt ☐ 201.372.1020**

**What should I expect when I undergo my x-ray exam?**

There is no special preparation for routine x-rays. Wear comfortable clothing and keep in mind

you may be asked to remove some of your clothing, depending upon the type of x-ray exam. Also, it is a good idea to leave your valuables such as jewelry or necklaces at home, since there is also a chance you may be asked to remove it if it is in or near the area of interest.

Your technologist should explain the exam you will be undergoing. Depending on the exam, you may be either lying down or standing up, and you may be asked to assume different positions for each different x-ray. In most cases, you will need to hold still during the x-ray exposure. Sometimes, you may be asked to hold your breath. Again, the technologist will let you know what you need to do when they are ready to make the exposure.

If your child is scheduled to visit our facility for an X-ray exam, please watch the video below for a brief overview of what to expect. If you have additional questions or concerns upon arrival, one of our expert technologists will be able to assist you.