

St. Joseph's Department of Food and Nutrition Services coincides with the St. Joseph's Healthcare System mission, vision, and values by providing therapeutic nutritional care to our patients, visitors, physicians, and employees. The department's expert leadership consists of Foodservice Administrators, Certified Executive Chefs, and Registered Dietitians.

St. Joseph's is proud to offer Room Service Dining to our patients. This innovative dining program allows patients to select meals from an expansive menu designed to make them feel as though they were at home or in a favorite restaurant. Our patients choose 'what they want to eat and when they want to eat it', empowering them to actively participate in their meal delivery process. The St. Joseph's culinary team prepares meals to patients' specifications, using only the freshest, most wholesome ingredients.

Our patient menu spans across 22 different types of diets and 4 variations of food consistencies, to accommodate any chewing/swallowing difficulties. Dietary alternatives, such as Gluten Free, Vegetarian, Kosher, and/or Halal meals are available. Meals are prepared, assembled and hand-delivered, hot and fresh to each patient room, whereby eating assistance is available when needed. A specialized team of Registered Dietitians provides medical nutrition therapy (screening, assessment and education) for acute and chronic diseases across the age spectrum.

In addition to our patient meal service, the Department of Food & Nutrition also provides culinary delights for employees and visitors in the St. Joseph's Cafe. Our Cafe is open Monday-Friday from 6:30 a.m. - 2:00 p.m. We provide meal services for catered events, satellite outpatient locations, on-site Convent residents, our Childcare Center, and the Feeding & Swallowing Center.

The Department bases its standards and practices on recognized guidelines set-forth by the Academy of Nutrition and Dietetics, American Society for Parenteral and Enteral Nutrition, National Kidney Foundation, Trans Atlantic Renal Council, the American Diabetes Association, the Association for Healthcare Foodservice, and the American Hospital Association. In addition, service and sanitation guidelines are based upon the U.S. Department of Health and Human Services (FDA) Food Code, the New Jersey Department of Health- Chapter 24 regulations, the City of Paterson Department of Health ordinances, and the Det Norske Veritas (DNV) accreditation standards.

"Giving back" to the community is an additional component of the Department's mission. We regularly donate fresh, perishable meal items to a local food-rescue program to feed the hungry. Further community involvement includes our team of Registered Dietitians conducting nutrition lectures, health fairs, and workshops at various locations (nearby schools, businesses, churches, and clubs). The Department of Food & Nutrition is affiliated with a number of colleges/universities, while serving as preceptors for dietetic interns and culinary students who are embarking upon their nutrition-related careers.

St. Joseph's Food & Nutrition staff strives for excellence and our goal is to exceed our customers' expectations with our culinary and clinical nutrition services.

For more information, please contact:

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