

DIRECTIONS TO ST. JOSEPH'S REGIONAL MEDICAL CENTER

FROM NEW YORK CITY: George Washington Bridge to Rt. 80 West. Take Exit 58A (Madison Avenue, Clifton) onto Madison Ave. At the 2nd light make a right onto Main Street. At Mary Street/Hospital Plaza, make a right turn to the emergency room parking lot.

FROM THE SOUTH: NJ Turnpike to Garden State Parkway (GSP) North to Exit 155P (on left) onto Rte. 19. Take the first exit, and turn right onto Broad Street. Go through one light, and bear left just after passing under the railroad trestle. Turn right at the light onto Levine Street. At the stop sign, make a left onto Main Street. At Mary Street/Hospital Plaza, make a right turn to the emergency room parking lot.

FROM THE EAST: GSP North. Take NJ-19 N via exit 155P. Then follow from above.

FROM THE NORTH: GSP South to Route 80 West. Then as above from NYC.

FROM THE WEST: Rt. 80 East to Exit 58A (Madison Avenue, Clifton) to Madison Avenue. Proceed as above, from New York City.



St. Joseph's Children's Hospital
at St. Joseph's Regional Medical Center

A member of
St. Joseph's Healthcare System

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Paterson, NJ 07503
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www.StJosephsHealth.org

Sponsored by the
Sisters of Charity of Saint Elizabeth



The Neurofibromatosis Diagnostic And Treatment Program

The Neurofibromatosis Program
St. Joseph's Children's Hospital
703 Main Street
Paterson, NJ 07503
973-754-3222

What is Neurofibromatosis?

Neurofibromatosis (NF) encompasses a set of distinct genetic disorders that can cause tumors of the nervous system. These disorders may also affect other tissues, such as the bones, skin and eyes. The neurofibromatoses are classified into three distinct types: NF1, NF2 and Schwannomatosis.

Neurofibromatosis type 1

NF1 occurs in every 1 in 2500 births. It is characterized by multiple cafe-au-lait spots and sometimes benign growths known as neurofibromas on or under the skin. Occasionally, tumors may develop on the cranial nerves, optic nerves or spinal cord.

Neurofibromatosis type 2

NF2 occurs in 1 in 25,000 births. NF2 is characterized by tumors of the cranial and spinal nerves. Tumors affecting the auditory nerves are a key feature and hearing loss is generally the first symptom.

Schwannomatosis

Schwannomatosis is a rare form of NF that appears to affect 1:40,000 individuals. Affected individuals have schwannomas, a specific type of tumor commonly found in NF2, but without the other features of NF2.

The NF Diagnostic and Treatment Program

The NF Program provides multi-disciplinary outpatient care for individuals with NF. Treatment of the complex medical issues in patients with NF is challenging. Although most individuals with NF lead healthy lives, it is important to closely monitor each person for the potential complications associated with these conditions that could arise.

Our team of dedicated medical professionals work together providing ongoing assessments of patients as they grow from childhood through adulthood. Through this team approach, the NF Program offers optimal care to individuals and families affected by NF.

Services Provided By the Program:

- Confirmation of diagnosis
- Ongoing physical assessments
- Ophthalmologic evaluations
- Developmental assessments
- Neurological assessments
- Hearing evaluations
- Orthopedic screening
- Genetic counseling and testing
- Family education and support

THE NF Program as your Center for Care

The Neurofibromatosis Diagnostic and Treatment Program at St. Joseph's Children's Hospital provides a medical home for patients and families affected by Neurofibromatosis. A medical home is the central place where care is provided. Patients and families can expect that their team will know and remember them and respect their ideas and customs.

The Program is registered with the Children's Tumor Foundation. This Foundation and its members are dedicated to improving the health and well being of individuals and families affected by the neurofibromatoses.

Referrals & Appointments

If you, your child or your patient is followed for neurofibromatosis and you wish to either make an appointment or receive more information about the Program, contact the program coordinator at 973-754-3222. We would be happy to answer any questions you might have. Self-referrals as well as referrals from physicians, allied health professionals and educators are welcome.