

# Women's Health Series

Women's Health 3-Part Series - St. Joseph's, in partnership with the YM-YWHA of North Jersey, will offer three evening programs focusing on women's health issues.

Register *NOW* for one or all three sessions!

 **St. Joseph's**  
Healthcare System

**YM-YWHA**  
of North Jersey

✿ **Thursday, October 1, 2009 ~ 7:00 p.m.**

**A Woman's Guide To Understanding Cancer**  
*Advances In The Diagnosis and Treatment of  
Gynecologic Cancers*

Patricia Pavel, M.D., Obstetrics and Gynecology  
St. Joseph's Regional Medical Center

✿ **Thursday, November 12, 2009 ~ 7:00 p.m.**

**Women! Your Hearts Are Different**  
*Understanding Women's Unique Risk Factors  
For Heart Disease*

Carolyn Strimike, RN, MSN, APN,  
Women's Heart Center  
St. Joseph's Healthcare System

✿ **Thursday, December 10, 2009 ~ 7:00 p.m.**

**A Holiday Gift For All Seasons**  
*Nurture Your Health ~ Celebrate Your Well-Being*  
Robert Rizzo, M.D., Attending Physician  
St. Joseph's Regional Medical Center

**COST:**

One Session: **\$10**  
Three Sessions: **\$25**

**SPECIAL OFFER**

One Session: **\$14 for two people**  
Three Sessions: **\$20 for two people**

\* Cost includes attendance, comprehensive information packet and light refreshments.

**Presented at:**

**YM-YWHA of North Jersey**  
**One Pike Drive**  
**Wayne, NJ**

**- For details and registration information call:**

St. Joseph's Regional Medical Center:  
973.754.2868

YM-YWHA: 973.595.0100 (ext. 228)

[www.StJosephsHealth.org](http://www.StJosephsHealth.org) 877.757.SJHS (7547)  
Sponsored by the Sisters of Charity of Saint Elizabeth

 **St. Joseph's**  
Healthcare System

**St. Joseph's Healthcare System** · St. Joseph's Regional Medical Center, Paterson, NJ · St. Joseph's Wayne Hospital, Wayne, NJ  
St. Joseph's Children's Hospital, Paterson, NJ · St. Vincent's Nursing Home, Cedar Grove, NJ · Visiting Health Services of NJ, Inc., Totowa, NJ